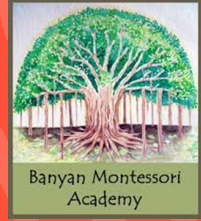


Banyan Montessori Academy

Newsletter



March 2026

Toddler Montessori Classroom

Dear Toddler Families,

March has been a wonderful month of exploration, creativity, and growing independence in our Toddler classroom. Friends continue strengthening their concentration, coordination, and confidence as they engage in meaningful hands-on experiences throughout the classroom.

Community Helpers: This month friends explored the topic of Community Helpers. Through conversations, books, and classroom activities, friends learned about different helpers in our community. Some of the helpers we discussed included firefighters, doctors, police officers, and teachers, among others.

Friends also had the opportunity to explore this theme through dramatic play and dress-up, with different costumes available for them to use. This allowed friends to pretend to be different helpers while developing imagination, language, and social skills.

We also worked with vocabulary cards related to community helpers. Friends practiced identifying different helpers and expanding their vocabulary through matching, observation, and discussion.

Dramatic Play – Kitchen: Friends enjoyed spending time in the dramatic play kitchen area, where they practiced pretend cooking, serving food, and caring for their friends.

This type of play supports social development, creativity, and language growth while encouraging cooperation and imaginative play.

Spring : As we welcomed the season of spring, friends explored themes related to nature, flowers, insects, and new life. Through classroom discussions and observation, we talked about the changes that happen in nature during this season, such as flowers blooming and animals becoming more active.

Friends participated in spring-inspired art activities, including flower crayon rubbings, where they placed a textured flower under the paper and used a crayon to reveal the shape and texture. This activity supported creativity while strengthening fine motor skills and hand control.

In our classroom environment, friends also enjoyed observing and interacting with our spring tree display, decorated with flowers, birds, butterflies, and bees. This visual work sparked conversations about nature and helped expand vocabulary related to spring.

These activities allowed friends to connect with the season while expressing creativity and strengthening coordination.

Sensorial Work: Friends continued working with important Montessori sensorial materials that help refine visual discrimination and concentration.

Knobless Cylinders : This month we introduced the Knobless Cylinders, a Montessori sensorial material that allows friends to explore and compare cylinders of different heights and diameters. Through building and arranging the cylinders, friends strengthen visual discrimination, concentration, and problem-solving skills.

Brown Prisms (Brown Stair) : Friends explored the Brown Prisms by arranging them from thickest to thinnest. This work helps develop visual perception of dimension while strengthening concentration and order.

Geometric Shapes: Friends practiced identifying and exploring different geometric shapes. These activities support early mathematical thinking and visual recognition.

Food Preparation: Friends participated in hands-on food preparation activities that support independence and practical life development.

This month friends practiced: Cutting banana & Picking grapes

These activities strengthen fine motor coordination while encouraging independence and confidence.

Friends also practiced washing their snack dishes, an important classroom routine that supports responsibility and care for the classroom environment.

Warm regards, Toddler Montessori Staff

Pre Primary and Kindergarten Montessori

Dear Parents,

We had a wonderful month of March! It had been an exciting time in our Pre-Primary class, and we would like to take a moment to thank all of you for attending the Parent-Teacher Conferences. Your involvement and support were greatly appreciated as we worked together to nurture your child's growth and development. Here's a glimpse of our learning journey throughout March:

Everyday Living: We learned table scrubbing and shoe polishing this month. Our friends loved these hands-on experiences.

Food preparation: We introduced the celery with raisin and cream cheese and preparing a bowl of cereal. We continued to prepare salad by tearing lettuce, adding cherry tomatoes and adding olive oil, salt and pepper, mixing it all and enjoying. We string cheese and now we are able to open the wrapper using our muscles.

Science: We explored the fascinating world of magnets and non-magnets through engaging activities that sparked curiosity and excitement. We also covered the topic about Transportation and landforms. We continued learning about vertebrates. We enjoyed the topics of light, magnets and energy through our stem sessions.

Geography: Our focus this month was on Europe. We learned about the continents through various activities, including mapping Europe and discovering animals native to this region.

Math: We worked on four-digit addition with our advanced friends and reviewed the squaring and cubing chains. The children made great progress. All our friends are continuing to work on numeration and linear counting.

Language: We reviewed all the phonics lessons with a lot of friends. We are working on blending letters and forming three word with movable alphabets. Our kindergarten friends are working on writing stories with teachers help. We are working on authoring a book on Australia.

Thank you for your continued support and encouragement. We are looking forward to more learning adventures to come!

Warm regards, Pre Primary & Kindergarten Montessori Team



Enrichment and Educational Programs

Hello Everyone!

In this exciting edition, we have elaborated on different International Languages and Science sessions:

Hindi

Last month in our Hindi class, we reviewed the names of many birds we learned earlier, such as parrot (tota) and owl (ullu). The friends had a wonderful time practicing these words through fun, hands-on activities. We also started the new topic The Body Parts name them in Hindi.

1. Ear (kaan)
2. Nose (Naak)
3. Head (sir)
4. Eyes (Aankhen)

To make our revision more exciting, we completed several creative projects. Learning with friends made the experience even more enjoyable, and everyone participated with great enthusiasm. We look forward to more fun Hindi learning in the coming months.

Spanish:

This month in Spanish class, friends continued expanding their vocabulary through hands-on activities, art projects, and sensory exploration.

Colors and Textures

Friends explored colors and textures using sensory balloons filled with different materials such as flour, rice, beans, and water. Friends touched, squeezed, and explored the balloons while we practiced identifying the colors in Spanish.

We also practiced color recognition through an Easter bunny matching activity. Friends placed a pom-pom on the bunny's tail, matching the color to the correct bunny.

The colors we practiced were:

Red — Rojo

Blue — Azul

Yellow — Amarillo

Green — Verde

Pink — Rosa

Orange — Naranja

We also practiced the word:

Bunny — Conejo

St. Patrick's Day Activity

Friends participated in a St. Patrick's Day art activity where they created green clovers (tréboles) by stamping with green bell peppers. This fun stamping activity helped strengthen fine motor skills while introducing seasonal vocabulary and colors.

Community Helpers

We also began introducing the topic of community helpers. Friends explored different helpers by looking at pictures and discussing what each helper does in the community. Some of the helpers we talked about were:

Teacher — Maestro / Maestra

Doctor — Doctor / Doctora

Firefighter — Bombero / Bombera

Police officer — Policía

Nurse — Enfermero / Enfermera

Through these activities, friends practiced identifying helpers and learning about the important work they do to help others.

Spanish Phrases - Friends practiced simple conversational phrases in Spanish:

Good morning — Buenos días

Hello — Hola

Goodbye — Adiós

How are you? — ¿Cómo estás?

What is your name? — ¿Cómo te llamas?

How old are you? — ¿Cuál es tu edad?

Numbers : We also practiced numbers from 1 to 10. Most friends are already recognizing and saying these numbers confidently, and they should feel very proud of their progress.

uno/one

dos/two

tres/three

cuatro/four

cinco/five

seis/six

siete/seven

ocho/eight

nueve/nine

diez/ten

Science based Art session with Ms. Anuja :

This month, we explored the science concept of invisible light through fun experiments and art. We began by learning about light rays and then experimented with UV light. We discovered that UV light can make neon and fluorescent colors glow in the dark.

Next, we learned about X-rays, which are invisible rays discovered by Wilhelm Röntgen. Easy way of understanding this concept is think X-rays are like a special camera that can take pictures inside the body. Doctors use X-rays to check if bones are broken or injured, and scientists use them to study things like mummies.

We also had a hands-on experience by using a DIY and pretend X-ray machine to scan our hands and observe the bones inside.

We created paintings of animals such as frogs, snakes, fish, and chameleons. Then, we imagined using X-rays to see what their skeletons look like inside.

Physics Exploration This Month: Energy

In our recent physics session, Ms. Bhargavi introduced the concept of energy in a very engaging and hands-on way. She explained that energy is the ability to do work or make things happen—whether it is moving, seeing, hearing, or feeling warmth. Using simple examples like apples, she helped children understand food as a source of chemical energy that gives our bodies the strength to do daily activities. The children explored different types of energy displayed on the poster, including light energy (which helps us see), sound energy (which we hear), thermal energy (heat), electrical energy, mechanical energy, and solar energy. Through interactive discussion and real-life examples, the children began to see how energy is all around us and constantly transforming from one form to another in our everyday lives.

Art, Music and Theater

In our Art, Music, and Theater session, Ms. Nancy engaged the children in a joyful and expressive experience. The Pre-Primary friends continued rehearsing for the Frederick play, building confidence as they practiced their roles. She also introduced a new team-based song with coordinated actions, encouraging collaboration, rhythm, and memory. The children further explored their creativity by making props for the play, taking ownership of their performance. With our Toddler Montessori friends, Ms. Nancy brought in fun songs, movement activities, and simple charades, creating a lively environment that supported language development, imagination, and joyful participation.

Amazing Athletes – Pre-Primary & Kindergarten Montessori Friends

Our Amazing Athletes had an incredible month of growth, energy, and championship-worthy effort! Throughout March, your athletes mastered a diverse range of skills across football, basketball, track and field, hockey, lacrosse, golf, and tennis. Through our Active Education curriculum, we leaped like Quinn Coyote and squatted like Gary Gorilla, while learning how power foods like carrots and watermelon fuel our bodies for peak performance. From perfecting slam dunks to sharpening motor coordination through obstacle courses, every athlete showed amazing progress in teamwork and confidence.

Instant Pot Creamy Alfredo Pasta

Time : 10 mins

INGREDIENTS

- Pasta (2 cups)
- Alfredo sauce (1-1½ cups)
- Garlic (2-3 cloves, minced)
- Butter or olive oil (2 tbsp)
- Onion (1 small, chopped)
- Frozen spinach (1 cup, thawed & squeezed)
- Frozen mixed vegetables (1 cup)
- Salt & pepper (to taste)
- Italian seasoning (1 tsp)
- Mozzarella cheese (½-1 cup)
- Water (2½ cups)

INSTRUCTIONS

- Turn on Sauté mode.
- Add butter/olive oil.
- Add onion cook 2-3 minutes until soft.
- Add garlic cook 30 seconds.
- Stir in frozen mixed vegetables and spinach.
- Cook for 1-2 minutes.
- Add pasta, water, salt, pepper, and Italian seasoning.
- Add pasta, water, salt, pepper, and Italian seasoning.
- Gently press pasta down so it's mostly submerged.
- Do NOT stir too much (prevents sticking).
- Close lid, set valve to sealing.
- Cook on High Pressure for 4 minutes (for most pasta).
- Do a quick release carefully.
- Open lid and stir.
- Open lid and stir.
- Add Alfredo sauce and mozzarella cheese.
- Mix until melted and creamy.

Parent Education

How Screen Time Affects Young Children

<https://www.banyanmontessori.com/how-screen-time-affects-young-children/>

Upcoming events

April

Apr 1–3 : Spring Break & Good Friday – No School

Apr 7 : School Picture Day

Apr 20 : Gardening Outdoors with Dr. Christina

Apr 25: Presentation on Attention Deficit Disorder, and Vision Problems -11:15 am at Canton Public Library

May

May 6 : Webinar – 6 PM (Montessori Games)

May 8 : Book Fair

May 9: Entrepreneurs Market (All Ages)

May 25 : Memorial Day – No School

May 29 : Hurray! Yellow School Bus Field Trip! (Venue to be decided. Extra Fee of \$30/child Applies+ signed permission form required. Date and fees Tentative)

June

June 11 : Summer PT Conferences – Zoom

June 12 : Summer PT Conferences – In-Person (No School)

June 19 : Half Day – Year-End Event (Tentative)

June 23 : Food Drive Donations Due

June 24 : Half Day – Last Day of School

June 29- Summer Montessori begins

New & Exciting Events Ahead!

💡 May 9 | 10:00 AM – 1:00 PM

Young Entrepreneurs Market – Encouraging Entrepreneurs of All Ages

Children (and parents!) are invited to sell crafts, handmade items, any of your useful creations or a product that you innovated. This is a wonderful opportunity to nurture creativity, confidence, responsibility, and real-world skills.

Please invite your friends and family to come support our young entrepreneurs and their hard work.

✓ Free Registration

We are incredibly excited to celebrate creativity, curiosity, and leadership within our community!

Thank you for your continued support!