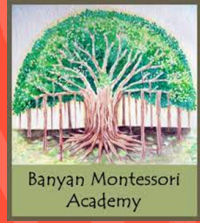


Banyan Montessori Academy

# Newsletter

October 2025



## Toddler Montessori Classroom

Dear Families,

October had been an exciting month filled with new discoveries, movement, and creativity. Friends have been enjoying their new classroom, exploring materials and routines with curiosity and enthusiasm. We also introduced more gross motor activities, encouraging movement, balance, and coordination.

### Human Body

We explored the human body and learned about its different parts and functions. Friends enjoyed songs, games, and activities using puzzles and matching cards, which helped strengthen both language and body awareness.

### Land and Water

Through sensorial exploration, we learned to identify land and water. Friends compared their characteristics and classified animals that live on land and in water. These activities helped them connect their learning with real-life experiences and develop observation skills.

### Farm Animals

Our classroom was full of excitement as we learned about animals that live on the farm. Friends practiced animal names and sounds, matched figures and pictures, and enjoyed puzzles and group songs. They especially loved pretending to care for farm animals during work time.

### Food Preparation:

We enjoyed food preparation activities every Friday that included scooping, spreading, peeling etc. . These experiences encouraged curiosity, confidence, and community awareness. It prepared their fine motor skills and gave an opportunity to perform multi step process. Our friends love these types of work as they consider them meaningful for two reasons, one they always have seen the adults in their environment prepare food for them now they can prepare their own food, and secondly they work hard and get immediate yummy gratification.

## Halloween Fun

To celebrate the season, Friends created Halloween crafts and participated in our Halloween Parade. We also enjoyed pumpkin carving, where Friends explored the texture of the pumpkin and observed its seeds. It was a fun and festive experience full of smiles and laughter!

## In-House Field Trips

This month, we had several exciting in-house field trips that gave Friends real-world experiences right in our school. We had visits from firefighters and police officers as part of our safety presentations and community helpers, a 3D printer presentation as part of our stem initiative . Art, music and theater had always been a great learning experience for our friends where they have so much fun. This has been an ongoing in house field trip for us.

Thank you for sharing this wonderful month with us! We look forward to all the learning and adventures to come in November.

Warmly,

The Toddler Team

# Pre Primary and Kindergarten Montessori

Dear Parents,

October has been a wonderful month filled with exploration, creativity, and joyful learning! Our classroom was busy with exciting lessons, hands-on activities, and special visitors and inhouse field trips which made learning even more meaningful and holistic.

## Peace Curriculum

This month, we celebrated Peace Education. The children practiced kindness, empathy, and respect toward one another. We read many beautiful peace stories and discussed what it means to be a peaceful friend in our classroom community.

## Everyday Living/ Practical Life

Practical Life was full of fun and festive fall activities! The children enjoyed pumpkin scrubbing and pounding, strengthening their fine motor skills and concentration.

## Food Preparation

We learned to pick grapes, peel oranges, slice bananas, string cheese , spread guacamole on chips, spread cream cheese on crackers and we enjoyed washing our dishes after we had snack at our snack table.

## Art

We introduced free drawing at our chalk board and painting at the easel using paintbrushes, allowing the children an opportunity to express their creativity freely.

## **Sensorial**

In Sensorial, we introduced the Binomial Cube, Trinomial Cube, and the Cube of the Trinomial. The children explored the small and large hexagonal boxes and the blue triangles box, which help develop an early understanding of geometric shapes and patterns laying a solid foundation to geometry and algebra.

## **Mathematics**

Our returning friends already began exploring fractions using fraction cones and fraction circles. The children also enjoyed solving mystery numbers and practicing simple addition, laying a strong foundation for abstract math concepts. Our young and new friends are exploring numeration concepts that are foundational.

## **Language**

In Language, we revisited pre-language and phonics lessons through phonics boxes and object boxes. The children are developing strong sound recognition skills, which support early reading and writing. Friends who have mastered all phonics sounds are blending. Friends who have mastered blending are reading at various levels and practicing spelling.

## **Science and Geography**

We continued to learn about nutrition and hygiene . We learned to classify living and non living things. Our public presentation reflected various topics from the field of Science and Geography , mainly the themes covered so far.

Ms Anuja's presentations of germs and human body ( muscles) in Science based had a great impact on us .

The chiropractors visit helped us understand the structure of bones in a skeleton and right postures.

In addition, during our Physics lessons with Ms. Bhargavi ,friends explored how light travels through fun, hands-on experiments. They also learned about solid, liquid and gas.

## **Geography**

We began working on our World Map pushpin activity and will soon begin learning about the seven continents. The children are gaining awareness of our world and the people who share it with us.

We had several community visitors who shared their knowledge and experiences through our in house field trip initiatives:

Firefighters and Police Inspectors taught us about safety, role of community helpers and tour of their vehicles.

One of our friends' parents demonstrated how a 3D printer works and we made a star . This was a great stem presentation.

Art, music and theater had been a great experience to make props for our play, practice dialogues, and listen to mouth organ.

We enjoyed our Halloween celebration by making jack o lantern, crafts, dress ups, parade and more. Thank you for sharing educational treats with our friends.

With warm regards,

The Pre-Primary Montessori Team



# Enrichment and Educational Programs

Hello Everyone!

In this exciting October edition, we have elaborated on different International Languages and Science sessions:

## Hindi

In our Hindi class this month, we did food tasting and reviewed the names of fruits in a fun and interactive way! The friends not only learned how to say the fruit names in Hindi but also got to taste each one during circle time. We discussed many fruits however tried memorizing the below:

We learned:

Apple — Saeb (सेब)

Orange — Santaraa (संतरा)

Banana — Kela (केला)

Tasting the fruits helped the friends remember the names easily while making the lesson exciting and engaging. Everyone enjoyed this delicious and educational experience!

## Mandarin:

Our Mandarin lessons are a combination of culture, international language, art and science and experiments.

The lesson introduced last month were continuation of different fruits and vegetables . We reviewed colors , fruits and vegetables through various activities listed below :

Activity 1: Pat & Color – Attach a sponge to fruit cards, add drops of color and water, and let the children pat the cards with their hands to make the “fruit juice” appear. Activity 2: Brush & Color – Place a paper towel on top of the fruit cards with cut-out shapes and invite the children to choose the correct colors to brush onto the cards. Next, conduct color experiments. Experiment 1: Color Change Game – Pour water, soda water, and lemon water separately into transparent cups, then add purple cabbage juice to each and observe the color changes. Experiment 2: Paper Color Change – Soak paper in purple cabbage juice and let it dry, then brush soda water or lemon water on it to see how the color changes. Finally, explore science through a Buoyancy Experiment – Fill a large cup with water and add strawberries, grapes, carrots, and blueberries to see which float or sink. Then, add salt to another cup of water, place the blueberries in it, and observe how they now float in the salty water.

Children will also learn the names of fruits and vegetables in Chinese:

Fruits 水果 (shui guo): Grape 葡萄 (pu tao), Apple 苹果 (ping guo), Strawberry 草莓 (cao mei), Blueberry 蓝莓 (lan mei), Banana 香蕉 (xiang jiao).

Vegetables 蔬菜 (shu cai): Pumpkin 南瓜 (nan gua), Carrot 胡萝卜 (hu luo bo), Cucumber 黄瓜 (huang gua), Bell Pepper 灯笼椒 (deng long jiao), and Red Cabbage 紫甘蓝 (zi gan lan).

## Spanish:

This month in Spanish class, Friends enjoyed learning through songs, games, and movement! We continued practicing familiar words and expressions that help children build confidence and joy when using a new language.

Colors – Colores :We practiced recognizing and naming colors. Friends especially enjoyed finding colors around the classroom and naming them in Spanish!

Animals – Animales: Friends learned animal names in Spanish using matching activities, real pictures, figures, drawings, and coloring pages. These experiences helped them connect new vocabulary with familiar images and objects.

Numbers 1–10 – Números del 1 al 10: We practiced counting from 1 to 10 using songs, counting games, and finger play.

Everyday Greetings and Songs:

This month, we practiced greetings and simple questions such as:

- “¿Cómo estás?” – How are you?

- “¿Cómo te llamas?” – What’s your name?

We also sang our “Good Morning” song in Spanish to start our lessons with energy and smiles. They should be very proud of their enthusiasm and participation during Spanish class

## Science based Art session with Ms. Anuja :

We explored fascinating topics like germs, teeth hygiene, and muscle elasticity through creative activities that combined information, science, and art. We learned how germs remain on our teeth after eating and how brushing and flossing help keep our teeth healthy. Using apples to represent teeth, we made colorful paint prints that looked like tooth shapes, making learning both fun and meaningful. We also studied how germs spread and decorated drawings of germs using crayons to understand hygiene better. To experience elasticity, we wrapped rubber bands around trays, applied paint, and created splatter art by plucking the bands, discovering how muscles stretch and move. To explore the concept of stretching further, we experimented with different materials — a pipe cleaner, yarn, and a rubber band. We noticed that pipe cleaners didn’t stretch at all, yarn stretched just a little, and rubber bands could stretch the most — just like our muscles! Finally, while learning about body parts, we expressed our creativity through vibrant Mexican skull-inspired artwork filled with color and intricate patterns.

## Science Experiments with Ms. Bhargavi:

We explored the fascinating states of matter, solid, liquid, and gas. We learned how atoms in a solid are tightly packed and stick closely together, while in a liquid they are looser and can move around each other, and in a gas they move freely but still remain within the same space. To make the concept come alive, we acted as atoms ourselves in a fun, interactive experiment that was also part of a theater play. Through movement and role-play, we discovered how the properties of solids, liquids, and gases differ, making science both engaging and memorable.

## Art, Music and Theater

### Pre primary and Kindergarten Montessori :

In Ms. Nancy's class, we made props — a mouse and corn — for our play Frederick. We practiced our lines and got ready for our performance. Ms. Nancy also played the mouth organ for us, which everyone enjoyed listening to! We played a fun rhythm game and another activity called "Dog Find the Bone," where children came up front to speak and participate. It was a fun and creative session filled with music, acting, and teamwork!

### Soccer for After Care – Pre-Primary & Kindergarten Montessori Friends

Last month, we focused on developing our soccer skills, emphasizing dribbling and defending. Alongside our sports practice, we enjoyed fun seasonal activities like playing in the snow and building a snowman, and even took a virtual trip to the beach to go surfing and play in the sand. Through these engaging lessons, children learned the importance of focus and leadership, strengthening both their social and physical skills in a playful, hands-on environment.

## Special Events Update

### Fire and Safety Awareness

We had a visit from the firefighters who taught us about fire safety and how to stay calm during emergencies. They brought along a fire truck and an ambulance, which we toured with great excitement, learning about their tools and how they help people. A police officer also came in to talk about personal safety, including how to stay safe from strangers and how to call 911 in case of emergencies.

### Health and Body Education

A chiropractor visited our school to teach us about the different types of bones in our body, their functions, and the importance of good posture. We also learned simple exercises to help keep our bones strong and our bodies healthy.

### STEM Exploration

Mr. Christoph introduced us to the fascinating world of 3D printing. We watched how layers slowly built up to form shapes like stars and learned about the process, timing, and creativity behind this amazing technology.

### Community and Halloween Celebration

We ended the month with our Halloween parade, combining theater, creativity, and community spirit. Friends dressed up as their favorite characters and went trick-or-treating in our neighborhood, helping everyone feel more connected. We also encouraged parents to give educational treats instead of candies, showing children that learning can be just as exciting and rewarding.

## Vegetable Fried Rice (With Basmati Rice)

Time : 20 mins

### INGREDIENTS

- 2 cups cooked basmati rice (preferably cooled or day-old)
- 1 cup frozen vegetables (like carrots, peas, corn)
- 1 cup shredded cabbage
- 2 tbsp olive oil
- Salt to taste
- Pepper to taste
- 2-3 tbsp soy sauce (adjust to taste)

### INSTRUCTIONS

- Cook the basmati rice and let it cool completely (cold rice works best for fried rice to avoid mushiness).
- In a large pan or wok, heat olive oil over medium-high heat.
- Add the frozen vegetables and stir-fry for 3-4 minutes until softened.
- Add shredded cabbage and stir-fry for another 2-3 minutes until slightly wilted.
- Add the cooked, cooled rice to the pan. Gently break up any clumps with a spatula or spoon.
- Add salt, pepper, and soy sauce. Toss everything well to coat evenly.
- Stir-fry everything together for about 3-5 minutes until the rice is hot and slightly crispy.
- Optional garnish: chopped green onions or sesame seeds if you have them.
- Serve hot and enjoy!

Warm regards,  
The Banyan Montessori Enrichment Team



## Parent Education

Planes of Development : <https://amshq.org/blog/early-childhood/2024-09-18-planes-of-development-and-sensitive-periods-part-1/>

# Upcoming events

## Upcoming Events in November :

**Nov 4:** Robotics Presentation by Alumni (11 am)

**Nov 7 & 21:** Vision Screening (ages 3–6)

**Nov 13:** Fall PT Conferences – *Zoom*

**Nov 14:** Fall PT Conferences – *In-Person* (No School)

**Nov 22:** Guest Talk by Dr. Gregory (12:15 PM at Canton Public Library)

**Nov 26–28:** *Thanksgiving Break – No School*